

Weekly Discipleship Plan (Week of July 19 – 25, 2026)

Catechism Question: (4/5)

Children's Catechism

Q. 37. What does every sin deserve?

A. The wrath and curse of God.

Q. 38. Can any one go to heaven with this sinful nature?

A. No; our hearts must be changed before we can be fit for heaven.

Shorter Catechism

Q46. What does the first commandment require?

A: The first commandment requires us to know and recognize God as the only true God and our God, and to worship and glorify Him accordingly.

Q47. What does the first commandment forbid?

A: The first commandment forbids denying God or not worshipping and glorifying Him as the true God and our God. It also forbids giving worship and glory, which He alone deserves, to anyone or anything else.

Scripture Memory

Deut. 6:4_“Hear, O Israel: The LORD our God, the LORD is one. 6:5 You shall love the LORD your God with all your heart and with all your soul and with all your might._6:6 And these words that I command you today shall be on your heart. 6:7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

DAILY DEVOTIONS

Day 1 (Sunday July 19)

Reading: Psalm 43 – 46

Questions:

- What does the Psalmist want leading him? Where does he want to be lead? (Ps. 43)
- How can Ps 45 be applied to Christ?
- How could Psalm 46:1 be applied to your life, right now?

Prayer for: To gain a deeper understanding of what it means to be “in Christ.”

Day 2 - Monday

Reading: Psalm 47 - 50

Questions:

- What reasons does Psalm 47 give to sing songs and clap our hands to God?
- Have you thought on God's steadfast love? What came to mind? (Ps. 48:9)
- What is the message of Psalm 50:22-23?

Prayer for: Matt 6 – For God not to send us testing – that He deliver us from evil and the Evil One

Day 3 - Tuesday

Reading: Psalm 51 - 55

Questions:

- How does Rom 3:4 use Psalm 51:4?
- How does I Sam 22: 6 – 11 help inform the context of Psalm 52?
- What does Psalm 53:1 say about the atheist?

Prayer for: Col 1:18 – For Christ to have His place of pre-eminence in everything.

Day 4 - Wednesday

Reading: Psalm 56-58

Questions:

- How does the intro to Psalm 56 change how you read Psalm 56?
- How does the intro to Psalm 57 change how you read Psalm 57?
- When will Psalm 58:10-11 come true? How does that change how you read the whole Psalm? (often called an “imprecation”)

Prayer for: Heb 13:21 – For God to equip us with all that is needed to do His will

Day 5 - Thursday

Reading: Psalm 59 – 63

Questions:

- How does the intro to Psalm 59 change how you read the whole Psalm?
- What does Psalm 60:1 teach about repentance and restoration to God’s favor?
- What does “Lead me to the rock that is higher than I” mean? (61:2)
- How does Ps 62:1-2 connect to Ps 61:2?

Prayer for: Prov 3: 5 – 6 To acknowledge God in our thinking and actions, and that He provide us a good path.

Day 6 - Friday

Reading: Psalm 64 – 67

Questions:

- What are some events in the life of David to which Psalm 64:1-2 might relate ?
- How does the answered prayer of Psalm 64 apply to the affirmations of Ps 65: 1-3?
- What are some of the “awesome deeds” of God in Psalm 66?
- What text in Leviticus does Psalm 67:1 relate to? What does the Psalmist want to happen as a result (67:2)

Prayer for: Matt 5:16 To let the light of Christ in us shine before men, God getting all the glory.

Day 7 - Saturday

Reading: Psalm 68-69

Questions:

- In Psalm 68, what will ultimately happen to God’s enemies?
- What metaphors does David use to describe the situation for which he cries out to God?

Prayer for: The Great Commission to be fulfilled